English Madhyam

(Weekly vocabulary compilation)

From 28 SEP 2026 TO 03 OCT 2026

For all competitive Exams

Bank (Po & clerk), IB ACIO, NDA, CDS, SSC (CGL, MTS, CHSL), MBA, Hotel Management, MCA, UPSC, B. Ed and other competitive exams.

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Contact No: 7722987077
Email id: Support@englishmadhyam.in
Telegram: English Madhyam
Website: www.englishmadhyam.in

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Part - A

The Hindu Editorial: Overweight and weak (28 SEP 2026)

1. **Unwieldy** (adjective) - cumbersome, unmanageable, bulky, clumsy, ponderous असुविधाजनक
2. **Hegemony** (noun) - dominance, supremacy, authority, dominion, leadership आधिपत्य
3. **Write off** (phrasal verb) - to consider someone or something as insignificant, useless, or a failure महत्वहीन मानना
4. **Multilateral** (adjective) - collaborative, collective, international, tripartite, multi-sided बहुपक्षीय
5. **Urgency** (noun) - necessity, gravity, exigency, importance, seriousness अत्यावश्यकता
6. **Mark** (verb) - characterize, signify, indicate, denote, distinguish चिह्नित करना
7. **Pandemic** (noun) - epidemic, contagion, outbreak, plague, infection महामारी
8. **Advent** (noun) - arrival, emergence, appearance, beginning, onset आगमन
9. **Artificial intelligence** (noun) - computer technology that allows something to be done in a way that is similar to the way a human would do it कृत्रिम बुद्धिमत्ता
10. **Polarisation** (noun) - division, separation, divergence, segregation, partition ध्रुवीकरण
11. **Violation** (noun) - breach, infringement, transgression, contravention, defiance उल्लंघन
12. **Imposition** (noun) - enforcement, infliction, levying, application, introduction थोपना
13. **Unilateral** (adjective) - one-sided, independent, autonomous, unreciprocated, absolute एकतरफा
14. **Illegitimate** (adjective) - illegal, unlawful, illicit, unauthorized, invalid अवैध
15. **Sanction** (noun) - penalty, embargo, restriction, boycott, punishment प्रतिबंध
16. **Unite** (verb) - combine, merge, collaborate, cooperate, coalesce एकजुट होना
17. **Strengthen** (verb) - fortify, bolster, reinforce, empower, consolidate मजबूत करना
18. **Decade** (noun) - period of ten years दशक
19. **Oversee** (verb) - supervise, direct, manage, administer, superintend निगरानी करना
20. **Disappointing** (adjective) - unsatisfactory, disheartening, discouraging, dismaying, frustrating निराशाजनक
21. **At the heart of** (phrase) - being the most important part or central cause of a situation के केंद्र में
22. **Annihilation** (noun) - destruction, obliteration, eradication, extermination, elimination विनाश
23. **Defend** (verb) - protect, justify, safeguard, support, guard बचाव करना
24. **Chagrin** (noun) - annoyance, irritation, displeasure, vexation, frustration चिढ़
25. **Claim** (verb) - assert, declare, profess, state, maintain दावा करना
26. **Negotiate** (verb) - bargain, broker, mediate, arrange, arbitrate बातचीत करना

27. **Assassin** (noun) - murderer, killer, slayer, executioner, liquidator हत्यारा
28. **Deny** (verb) - refuse, reject, decline, prohibit, withhold मना करना
29. **Delegation** (noun) - deputation, contingent, commission, mission, representation प्रतिनिधिमंडल
30. **Well-meaning** (adjective) - well-intentioned, sincere, earnest, genuine, sympathetic नेक नीयत वाला
31. **Drown out** (phrasal verb) - to make so much noise that another sound or voice cannot be heard शोर में दबा देना
32. **Rancour** (noun) - bitterness, spite, hostility, malice, resentment विद्वेष
33. **On the side-lines** (phrase) - watching a situation without directly participating in it मुख्य गतिविधि से अलग
34. **Host** (verb) - organize, arrange, present, facilitate, entertain आयोजित करना
35. **Diplomacy** (noun) - statesmanship, statecraft, negotiation, tact, tactfulness कूटनीति
36. **Dialogue** (noun) - conversation, discussion, discourse, talk, communication बातचीत
37. **Amidst** (preposition) - among, during, mid, midst, between के बीच
38. **Warmongering** (noun) - militarism, aggression, jingoism, bellicosity, hawkishness युद्ध भड़काना

The Hindu Editorial: New equilibrium (29 SEP 2026)

1. **Equilibrium** (noun) - balance, stability, symmetry, parity, composure संतुलन
2. **Recalibration** (noun) - readjustment, reassessment, reevaluation, modification, reorganization पुनर्मूल्यांकन
3. **Recalibrate** (verb) - readjust, reevaluate, reassess, modify, reorganize फिर से जांचना
4. **Tie** (noun) - relation, connection, bond, association, link संबंध
5. **Implication** (noun) - consequence, ramification, repercussion, effect, outcome परिणाम
6. **On the surface** (phrase) - appearing in a certain way but perhaps not actually so ऊपर से
7. **Substance** (noun) - significance, importance, meaningfulness, essence, core मूल तत्व
8. **Roll out the red carpet** (phrase) - to give a guest a special and welcoming treatment भव्य स्वागत करना
9. **Accord** (verb) - grant, give, bestow, confer, present प्रदान करना
10. **Lay out** (phrasal verb) - to arrange or present something formally प्रबंध करना
11. **Concrete** (adjective) - solid, tangible, actual, real, definite ठोस
12. **Outcome** (noun) - result, consequence, conclusion, aftermath, upshot परिणाम
13. **Modest** (adjective) - moderate, ordinary, limited, small, unexceptional मामूली
14. **Summit** (noun) - meeting, conference, convention, council, assembly शिखर सम्मेलन
15. **Unusual** (adjective) - uncommon, abnormal, rare, extraordinary, atypical असामान्य
16. **Operationalise** (verb) - execute, implement, actualize, apply, enact लागू करना
17. **Truce** (noun) - ceasefire, armistice, peace, agreement, treaty शांति समझौता
18. **Arrangement** (noun) - agreement, deal, settlement, understanding, pact व्यवस्था
19. **Reciprocal tariff** (noun) - mutual taxes imposed on imported goods by two countries पारस्परिक टैरिफ
20. **Reaffirm** (verb) - reiterate, restate, confirm, assert, uphold फिर से पुष्टि करना
21. **Commitment** (noun) - dedication, devotion, pledge, promise, obligation प्रतिबद्धता
22. **Defer** (verb) - postpone, delay, suspend, put off, adjourn टालना
23. **Establishment** (noun) - creation, formation, founding, institution, inception स्थापना
24. **Dialogue** (noun) - conversation, discussion, talk, communication, discourse बातचीत
25. **Amid** (preposition) - amidst, among, during, amidst, throughout के बीच
26. **Unregulated** (adjective) - uncontrolled, unrestricted, unmonitored, unchecked, free अनियंत्रित

27. **Obscure** (verb) - hide, conceal, cover, mask, overshadow छिपाना
28. **Underline** (verb) - emphasize, highlight, stress, accentuate, underscore जोर देना
29. **Pursue** (verb) - follow, chase, seek, continue, conduct आगे बढ़ाना
30. **Constructive** (adjective) - positive, useful, helpful, productive, beneficial रचनात्मक
31. **Strategic** (adjective) - tactical, calculated, planned, diplomatic, politic रणनीतिक
32. **Stability** (noun) - steadiness, firmness, solidity, balance, security स्थिरता
33. **Reciprocity** (noun) - mutuality, exchange, cooperation, trade, return पारस्परिकता
34. **Point to** (phrasal verb) - to indicate or suggest something is likely संकेत देना
35. **Beset** (verb) - plague, afflict, torment, trouble, harass घेर लेना
36. **Mark** (verb) - characterize, distinguish, define, indicate, denote चिह्नित करना
37. **Rivalry** (noun) - competition, contention, opposition, conflict, friction प्रतिद्वंद्विता
38. **Eager** (to) (adjective) - having a strong desire to do something उत्सुक
39. **Stable** (adjective) - steady, firm, secure, unfluctuating, solid स्थिर
40. **Predictable** (adjective) - foreseeable, expected, anticipated, certain, reliable पूर्वानुमान योग्य
41. **Temper** (verb) - moderate, mitigate, alleviate, soften, lessen कम करना
42. **Appetite** (noun) - desire, craving, hunger, longing, inclination इच्छा
43. **Waters** (noun) - seas, oceans, territories, regions, zones जल क्षेत्र
44. **Evolve** (verb) - develop, progress, advance, unfold, mature विकसित होना
45. **Stark** (adjective) - sharp, clear, distinct, absolute, complete स्पष्ट
46. **Contrast** (noun) - difference, dissimilarity, disparity, distinction, divergence अंतर
47. **Strand** (noun) - element, component, thread, aspect, part पहलू
48. **Predicate on** (phrase) - based on or relying on something आधारित होना
49. **Centre on** (phrasal verb) - focused on or revolving around a particular subject केंद्रित होना
50. **Bulwark** (noun) - shield, defense, safeguard, protection, fortification रक्षक

The Pioneer Editorial: The King Who Became a Sage (30 SEP 2026)

1. **Revelation** (noun) - epiphany, discovery, disclosure, realization, manifestation रहस्योद्घाटन

2. **Accustomed to** (phrase) - to become familiar with something and accept it as normal अभ्यस्त होना

3. **Deference** (noun) - respect, reverence, obedience, submission, compliance सम्मान

4. **Encounter** (noun) - meeting, confrontation, collision, skirmish, clash आमना-सामना

5. **Sage** (noun) - philosopher, intellectual, scholar, thinker, ascetic ऋषि

6. **Hermitage** (noun) - retreat, sanctuary, ashram, monastery, hideaway आश्रम

7. **Possess** (verb) - own, hold, acquire, retain, control अधिकार में रखना

8. **Considerable** (adjective) - substantial, significant, ample, sizable, massive पर्याप्त

9. **Humble** (verb) - chasten, humiliate, abase, demean, subdue नीचा दिखाना

10. **Determined** (adjective) - resolute, steadfast, firm, unwavering, persistent दृढ़

11. **Attain** (verb) - achieve, accomplish, secure, obtain, acquire प्राप्त करना

12. **Renounce** (verb) - relinquish, reject, abandon, forsake, surrender त्यागना

13. **Throne** (noun) - sovereign, crown, royalty, dominion, sovereignty सिंहासन

14. **Entirely** (adverb) - completely, fully, wholly, totally, utterly पूरी तरह से

15. **Undertake** (verb) - assume, shoulder, tackle, commence, initiate आरंभ करना

16. **Relentless** (adjective) - persistent, unyielding, continuous, unabated, inexorable निरंतर

17. **Penance** (noun) - atonement, repentance, expiation, reparation, self-punishment तपस्या

18. **Setback** (noun) - hindrance, obstacle, impediment, hurdle, blow बाधा

19. **Humiliating** (adjective) - degrading, shameful, embarrassing, demeaning, mortifying अपमानजनक

20. **Seduce** (verb) - tempt, lure, entice, attract, beguile लुभाना

21. **Celestial** (adjective) - heavenly, divine, ethereal, otherworldly, astral स्वर्गीय

22. **Unguarded** (adjective) - vulnerable, unprotected, careless, unwary, defenseless असावधान

23. **Give up** (phrasal verb) - to stop trying to do something and accept defeat हार मानना

24. **Eventually** (adverb) - finally, ultimately, subsequently, lastly, conclusively अंततः

25. **Elevate** (verb) - raise, promote, upgrade, exalt, uplift उन्नत करना

26. **Sustain** (verb) - maintain, continue, preserve, prolong, uphold बनाए रखना

27. **Lineage** (noun) - ancestry, descent, pedigree, extraction, genealogy वंशावली

28. **Uninterrupted** (adjective) - continuous, constant, unbroken, incessant, ceaseless निरंतर

29. **Renew** (verb) - revive, restore, regenerate, resurrect, replenish नवीनीकृत करना

30. **Convincingly** (adverb) - persuasively, decisively, firmly, forcefully, conclusively प्रभावशाली ढंग से

31. **Persistence** (noun) - perseverance, tenacity, endurance, determination, resolve दृढ़ता

32. **Abandon** (verb) - forsake, desert, leave, discard, relinquish छोड़ देना

33. **Embarrassing** (adjective) - awkward, humiliating, shameful, uncomfortable, disconcerting शर्मनाक

34. **Succeed** (verb) - triumph, prevail, flourish, prosper, achieve सफल होना

35. **Abandon** (verb) - forsake, desert, leave, discard, relinquish छोड़ देना

The Indian Express Editorial: Fat dogs of Delhi, unite (01 SEP 2026)

1. **Unite** (verb) - join, combine, merge, ally, coalesce एकजुट होना
2. **Aeon** (noun) - age, eternity, epoch, era, millennium युग
3. **Evolution** (noun) - development, progression, advancement, growth, transformation विकास
4. **Self-indulgent** (adjective) - hedonistic, sybaritic, extravagant, intemperate, pampering आत्म-संतुष्ट
5. **Optimistic** (adjective) - hopeful, positive, sanguine, confident, upbeat आशावादी
6. **Nightmare** (noun) - ordeal, horror, trial, torment, tribulation दुःस्वप्न
7. **Silver lining** (noun) - a positive aspect or hopeful prospect in a negative situation निराशा में आशा की किरण
8. **Gear up** (for) (phrasal verb) - to prepare yourself or to prepare something for an activity or event तैयारी करना
9. **Canine** (noun) - connected with dogs कुत्ता
10. **Elation** (noun) - euphoria, ecstasy, exhilaration, joy, delight उल्लास
11. **Cast one's ballot** (phrase) - to vote in an election मतदान करना
12. **Phenomenon** (noun) - occurrence, event, marvel, sensation, spectacle घटना
13. **Innocuously** (adverb) - harmlessly, safely, innocently, mildly, inoffensively अहानिकर रूप से
14. **Portly** (adjective) - stout, plump, chubby, corpulent, hefty मोटा
15. **Pooch** (noun) - dog, hound, canine, pup, mutt कुत्ता
16. **Corpulent** (adjective) - obese, overweight, plump, portly, stout मोटा
17. **Posthumously** (adverb) - occurring, awarded, or appearing after the death of the originator मरणोपरांत
18. **Counterpart** (noun) - equivalent, peer, equal, parallel, match समकक्ष
19. **Judge** (verb) - assess, evaluate, appraise, criticize, condemn आंकना (या आलोचना करना)
20. **Self-conscious** (adjective) - insecure, awkward, nervous, uneasy, diffident संकोची
21. **Polarise** (verb) - divide, separate, split, part, sever बांटना
22. **Divisive** (adjective) - alienating, estranging, isolating, schismatic, discordant बांटने वाला
23. **Rhetoric** (noun) - oratory, eloquence, bombast, grandiloquence, hyperbole बयानबाजी
24. **Miracle** (noun) - marvel, wonder, phenomenon, sensation, prodigy चमत्कार

The Business line Editorial: Guardrails challenge (02 OCT 2026)

'1. **Guardrail** (noun) - safety measure, barrier, restriction, protection, safeguard सुरक्षा उपाय

2. **Pact** (noun) - agreement, treaty, deal, settlement, accord समझौता

3. **Unveil** (verb) - reveal, disclose, uncover, introduce, present अनावरण करना

4. **Framework** (noun) - structure, system, scheme, fabric, plan ढांचा

5. **Put in place** (phrase) - to establish or install something स्थापित करना

6. **Monitor** (verb) - observe, watch, track, supervise, check निगरानी करना

7. **Alignment** (noun) - coordination, conformity, arrangement, positioning, integration तालमेल

8. **Cyberattack** (noun) - an illegal attempt to harm someone's computer system or the information on it साइबर हमला

9. **Biosecurity** (noun) - biosafety, biological protection, health security, biohazard prevention, ecological safety जैव सुरक्षा

10. **Incorporate** (verb) - integrate, include, combine, embody, absorb शामिल करना

11. **Call for** (phrasal verb) - to demand or require something मांग करना

12. **Audit** (verb) - inspect, examine, review, scrutinize, assess लेखा-परीक्षा करना

13. **Envisage** (verb) - foresee, imagine, predict, contemplate, visualize परिकल्पना करना

14. **Oversight** (noun) - supervision, surveillance, control, management, administration निगरानी

15. **Oversee** (verb) - supervise, manage, direct, administer, guide देखरेख करना

16. **Corrective action** (noun) - a step taken to fix a problem or improve a situation सुधारात्मक कार्रवाई

17. **Mechanism** (noun) - procedure, system, method, process, structure तंत्र

18. **Merely** (adverb) - simply, solely, purely, entirely, just केवल

19. **Voluntary** (adjective) - optional, elective, discretionary, unpaid, unforced स्वैच्छिक

20. **Drive** (verb) - propel, motivate, push, force, steer प्रेरित करना

21. **Fierce** (adjective) - intense, aggressive, severe, ferocious, cutthroat भयंकर

22. **Incentive** (noun) - motivation, stimulus, encouragement, impetus, lure प्रोत्साहन

23. **Commitment** (noun) - dedication, pledge, promise, vow, obligation प्रतिबद्धता

24. **Enforceable** (adjective) - binding, compulsory, mandatory, applicable, valid लागू करने योग्य

25. **Self-regulation** (noun) - self-control, self-governance, autonomy, self-management, self-discipline स्व-नियमन

26. **Accountability** (noun) - responsibility, liability, answerability, culpability, obligation जवाबदेही

27. **Establish** (verb) - create, found, set up, institute, form स्थापित करना

28. **Deployer** (noun) - installer, implementer, operator, user, utilizer तैनात करने वाला

29. **Document** (verb) - record, log, detail, register, chronicle दर्ज करना

30. **Surveillance** (noun) - observation, scrutiny, monitoring, watch, spy निगरानी

31. **Hugging face incident** (noun) - a specific event involving a security breach or vulnerability discovered on the hugging face ai platform हगिंग फेस घटना

32. **Reminder** (noun) - prompt, memo, hint, notification, cue अनुस्मारक

33. **Autonomous** (adjective) - independent, self-governing, sovereign, self-reliant, free स्वायत्त

34. **Anticipate** (verb) - foresee, expect, predict, forecast, envision पूर्वानुमान लगाना

35. **Impose** (verb) - inflict, levy, enforce, exact, command थोपना

36. **Proportionate** (adjective) - commensurate, balanced, equivalent, corresponding, proportional आनुपातिक

37. **Coordination** (noun) - collaboration, cooperation, synchronization, harmony, organization समन्वय

38. **Weaken** (verb) - undermine, diminish, impair, lessen, reduce कमजोर करना

39. **Multilateral** (adjective) - international, multi-sided, collective, joint, participatory बहुपक्षीय

40. **Discourage** (verb) - deter, dissuade, dishearten, demoralize, prevent हतोत्साहित करना

41. **Coordinated** (adjective) - synchronized, concerted, organized, harmonized, united समन्वित

42. **The way forward** (phrase) - a plan or method for making progress in the future आगे का रास्ता'

The Hindu Editorial: Other than outrage (03 SEP 2026)

1. **Outrage** (noun) - anger, fury, indignation, wrath, resentment आक्रोश
2. **Sickening** (adjective) - disgusting, nauseating, revolting, appalling, repulsive घृणित
3. **Déjà vu** (noun) - the feeling of having already experienced the present situation पूर्व-अनुभव का अहसास
4. **Headlines** (noun) - news, reports, bulletins, highlights, front-page मुख्य समाचार
5. **Assaults** (noun) - attacks, strikes, onslaughts, invasions, offences हमले
6. **Pose** (verb) - impersonate, pretend, masquerade, feign, posture रूप धरना
7. **Shock** (verb) - appall, astound, stagger, stun, dismay सदमा पहुँचाना
8. **Give way** (phrase) - to be replaced by something else or to yield to something में बदल जाना
9. **Numb** (adjective) - paralyzed, desensitized, unfeeling, apathetic, deadened सुन्न
10. **Unleash** (verb) - release, trigger, unloose, spark, provoke शुरू करना
11. **A slew of** (phrase) - a large number or quantity of something बड़ी संख्या में
12. **Vow** (to) (verb) - to make a determined decision or promise to do something संकल्प लेना
13. **Attribute to** (phrasal verb) - to point to as the cause of something का श्रेय देना
14. **Facilitate** (verb) - ease, assist, expedite, promote, aid आसान बनाना
15. **Account for** (phrasal verb) - to explain the reason for something or be the cause of something कारण बताना
16. **Vast** (adjective) - huge, immense, massive, colossal, extensive विशाल
17. **Deal with** (phrasal verb) - to take action to solve a problem निपटना
18. **Finance** (verb) - fund, sponsor, subsidize, back, capitalize वित्त पोषित करना
19. **Result in** (phrasal verb) - to cause a particular situation to happen का परिणाम होना
20. **Prompt** (adjective) - immediate, swift, rapid, punctual, instantaneous त्वरित
21. **Intervention** (noun) - interference, involvement, mediation, intercession, intrusion हस्तक्षेप
22. **Sensitise** (verb) - educate, familiarize, condition, attune, apprise संवेदनशील बनाना
23. **Vulnerable** (adjective) - susceptible, defenseless, exposed, unprotected, at-risk असुरक्षित
24. **Accountability** (noun) - responsibility, liability, answerability, culpability, transparency जवाबदेही
25. **Rectify** (verb) - correct, amend, remedy, resolve, repair सुधारना
26. **Deficiency** (noun) - flaw, shortcoming, defect, weakness, inadequacy कमी
27. **Address** (verb) - tackle, confront, handle, approach, resolve समाधान करना

28. **Enormous** (adjective) - huge, immense, colossal, massive, gigantic बहुत बड़ा
29. **Trial** (noun) - hearing, litigation, proceeding, tribunal, case मुकदमा
30. **Resist** (verb) - withstand, oppose, defy, combat, repel विरोध करना
31. **Temptation** (noun) - lure, enticement, appeal, urge, inclination प्रलोभन
32. **Companion** (noun) - partner, associate, colleague, escort, mate साथी
33. **Toxic** (adjective) - harmful, virulent, noxious, malignant, pernicious विषैला
34. **Masculinity** (noun) - manliness, machismo, virility, manhood, maleness पुरुषत्व
35. **Patriarchal** (adjective) - (used about a society or system) controlled by men rather than women पितृसत्तात्मक