

English Madhyam

(Weekly vocabulary compilation)

From 21 JULY 2025 TO 26 JULY 2025

For all competitive Exams

Bank (Po & clerk), IB ACIO, NDA, CDS, SSC (CGL, MTS, CHSL), MBA, Hotel Management, MCA, UPSC,
B. Ed and other competitive exams.



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Part - A

The Indian express editorial: UPSC's initiative (21 JULY 2025)

1. **For instance** (phrase) – For example, such as, like, to illustrate, as an illustration उदाहरण के लिए
2. **Often** (adverb) – Frequently, regularly, repeatedly, usually, commonly अक्सर
3. **Belatedly** (adverb) – Late, tardily, overdue, behind schedule, after the fact देर से
4. **Pose** (verb) – Present, create, raise, constitute, bring up उत्पन्न करना
5. **Counterpart** (noun) – Equivalent, peer, match, equal, parallel समकक्ष
6. **Predicament** (noun) – Dilemma, difficulty, crisis, mess, hardship संकट
7. **Spin-off** (noun) – By-product, offshoot, result, consequence, outcome परिणाम
8. **Gauge** (verb) – Measure, assess, evaluate, estimate, calculate मापना
9. **End up** (phrasal verb) – Finish, land, wind up, conclude, result in अंततः होना
10. **Occupation** (noun) – Job, profession, trade, employment, vocation पेशा
11. **In line with** (phrase) – Consistent with, in accordance with, conforming to, matching, aligning with अनुरूप
12. **Secure** (verb) – Obtain, acquire, gain, achieve, procure प्राप्त करना
13. **Pick out** (phrasal verb) – Choose, select, identify, single out, spot चुनना
14. **Meet** (verb) – Fulfill, satisfy, match, comply with, adhere to पूरा करना
15. **Prospective** (adjective) – Potential, possible, likely, expected, future संभावित
16. **Employer** (noun) – Boss, manager, recruiter, hirer, proprietor नियोक्ता; काम देनेवाला
17. **Cast a net** (phrase) – search for suitable options or candidates in a specified way. व्यापक तलाश करना
18. **The odds** (noun) – Chances, probability, likelihood, possibility, risk संभावना
19. **Absorbed** (adjective) – Included, incorporated, assimilated, merged, taken in समाहित
20. **Autonomous** (adjective) – Independent, self-governing, self-reliant, sovereign, free स्वायत्त
21. **Indeed** (adverb) – Truly, certainly, undoubtedly, really, definitely वास्तव में
22. **Far-reaching** (adjective) – Extensive, widespread, broad, sweeping, comprehensive दूरगामी

The Indian express editorial: A long list (22 JULY 2025)

1. **Designation** (noun) – classification, identification, labelling, appointment, nomination **नामकरण**
2. **Designate** (verb) – appoint, assign, nominate, label, name **नामित करना**
3. **Claim** (verb) – assert, declare, maintain, allege, profess **दावा करना**
4. **Development** (noun) – Event, happening, occurrence, change, incident, **घटनाक्रम**
5. **Undergird** (verb) – support, strengthen, reinforce, bolster, sustain **मजबूत आधार देना**
6. **Acknowledge** (verb) – admit, recognize, accept, confess, concede **स्वीकार करना**
7. **Severity** (noun) – seriousness, intensity, harshness, gravity, extremity **गंभीरता / तीव्रता**
8. **Proxy** (noun) – representative, substitute, delegate, surrogate, stand-in **प्रतिनिधि**
9. **Render** (verb) – make, cause, provide, deliver, present **बनाना**
10. **Defunct** (adjective) – obsolete, inactive, nonfunctional, extinct, outdated **अप्रचलित / बंद हो चुका**
11. **Mastermind** (verb) – plan, orchestrate, engineer, organize, direct **योजना बनाना / संचालन करना**
12. **Make amends** (phrase) – compensate, atone, apologize, redress, reconcile **क्षमा याचना करना**
13. **Resolution** (noun) – decision, declaration, determination, proposal, verdict **संकल्प / प्रस्ताव**
14. **Condemn** (verb) – denounce, criticize, censure, blame, disapprove **निंदा करना**
15. **Apparently** (adverb) – seemingly, evidently, supposedly, outwardly, allegedly **प्रकट रूप से / ऐसा प्रतीत होता है**
16. **At someone's behest** (phrase) – at someone's request, order, bidding, command, instruction **किसी के आदेश पर**
17. **Concurrence** (noun) – agreement, consensus, assent, harmony, unity **सहमति / एकरूपता**
18. **Sanction** (noun) – penalty, punishment, restriction, ban, injunction **प्रतिबंध**
19. **Strengthen** (verb) – reinforce, support, bolster, fortify, solidify **मजबूत करना**
20. **Pursuit** (noun) – quest, chase, endeavour, search, striving **अनुसरण / प्रयास**
21. **Put something into perspective** (phrase) – clarify, contextualize, explain, interpret, assess **सही संदर्भ में देखना / समझना**

22. **Counter** (verb) – oppose, respond, retaliate, refute, challenge **प्रतिक्रिया देना / विरोध करना**
23. **Narrative** (noun) – story, account, portrayal, version, depiction **कथा / विवरण**
24. **Occasion** (noun) – instance, moment, event, occurrence, situation **अवसर / घटना**
25. **Ceasefire** (noun) – truce, armistice, suspension of hostilities, peace, pause **युद्धविराम**
26. **Avert** (verb) – prevent, avoid, deter, fend off, ward off **टालना / रोकना**
27. **Leverage** (noun) – influence, power, control, advantage, authority **प्रभाव / लाभ**
28. **Equivalence** (noun) – equality, parity, sameness, similarity, likeness **समानता / तुल्यता**
29. **Endorse** (verb) – approve, support, back, advocate, confirm **समर्थन करना / अनुमोदन करना**
30. **Unprecedented** (adjective) – unmatched, exceptional, extraordinary, unheard-of, novel **अभूतपूर्व / अनोखा**
31. **Bring into question** (phrase) – cast doubt, challenge, dispute, interrogate, criticize **संदेह में डालना / प्रश्न उठाना**
32. **Hold out** (phrasal verb) – offer, present, extend, promise, resist **वादा करना / टिके रहना**
33. **Extradition** (noun) – deportation, handover, repatriation, rendition, transfer **प्रत्यर्पण**
34. **Recommit** (verb) – re-engage, reaffirm, renew, reinvest, dedicate again **फिर से प्रतिबद्ध होना**
35. **Given** (preposition) – considering, in view of, taking into account, owing to, assuming **ध्यान में रखते हुए / चूंकि**
36. **Credibly** (adverb) – convincingly, believably, reliably, plausibly, trustworthily **विश्वसनीय रूप से**
37. **Diplomatic** (adjective) – tactful, political, suave, discreet, strategic **राजनयिक / कूटनीतिक**
38. **Victim** (noun) – casualty, sufferer, target, prey, injured party **पीड़ित / शिकार**

The Hindu editorial: Unvarnished facts (23 JULY 2025)

1. **Unvarnished** (adjective) – plain, honest, direct, blunt, candid **साफ-साफ**
2. **Raw** (adjective) – unfiltered, unprocessed, uncooked, crude, natural **असंसोधित**
3. **Cockpit voice recorder** (noun) – a device that records audio within an aircraft's cockpit, including conversations between pilots and crew members, as well as sounds like engine noise and alarms
4. **Transcript** (noun) – record, text, script, copy, documentation **लिखित प्रतिलिपि**
5. **Pushback** (noun) – resistance, opposition, backlash, defiance, refusal **विरोध**
6. **Turn out to be** (phrase) – prove to be, end up being, become, develop into, result in **साबित होना**
7. **Tepid** (adjective) – lukewarm, half-hearted, indifferent, unenthusiastic, mild **ढीला-ढाला**
8. **Staunch** (verb) – stop, stem, halt, block, restrict **रोकना / थामना**
9. **Baseless** (adjective) – unfounded, groundless, unsubstantiated, unjustified, false **बेबुनियाद**
10. **Trigger** (verb) – spark, initiate, activate, prompt, cause **उत्पन्न करना / शुरू करना**
11. **Narrative** (noun) – story, account, version, description, tale **कथानक / विवरण**
12. **Fathom** (verb) – understand, grasp, comprehend, decode, interpret **समझना**
13. **Turn the spotlight on** (phrase) – highlight, expose, focus on, bring attention to, showcase **ध्यान आकर्षित करना**
14. **Finding** (noun) – result, conclusion, outcome, discovery, observation **निष्कर्ष**
15. **Sparse** (adjective) – scanty, meager, limited, thin, inadequate **कम / विरल**
16. **Transition** (verb) – shift, move, convert, change, evolve **परिवर्तन करना**
17. **Standalone** (adjective) – independent, separate, solo, individual, detached **स्वतंत्र**
18. **Snatch** (noun) – fragment, bit, piece, portion, excerpt **अंश / टुकड़ा**
19. **Reflect** (verb) – indicate, reveal, show, display, mirror **प्रतिबिंबित करना**
20. **Unease** (noun) – discomfort, anxiety, restlessness, distress, worry **असहजता / बेचैनी**
21. **Denial** (noun) – rejection, refusal, dismissal, negation, contradiction **इनकार**

22. **Crew** (noun) – team, staff, personnel, flight team, operators **दल / चालक दल**
23. **Unfolding** (adjective) – developing, emerging, ongoing, progressing, evolving **विकसित हो रहा**
24. **Disaster** (noun) – catastrophe, calamity, tragedy, mishap, accident **आपदा**
25. **Blanket** (adjective) – general, all-encompassing, total, overall, comprehensive **समग्र / व्यापक**
26. **Signing-off** (noun) – approval, conclusion, finalization, closure, consent **समाप्ति / अनुमोदन**
27. **Concerning** (preposition) – regarding, about, relating to, with reference to, pertaining to **संबंधित**
28. **Point to** (phrasal verb) – indicate, suggest, show, imply, allude to **संकेत करना**
29. **Credible** (adjective) – believable, reliable, trustworthy, plausible, authentic **विश्वसनीय**
30. **Parallel** (adjective) – simultaneous, side-by-side, coordinated, concurrent, corresponding **समानांतर**
31. **Probe** (noun) – investigation, inquiry, inspection, examination, scrutiny **जांच**
32. **Following** (preposition) – after, subsequent to, post, ensuing, as a result of **के बाद**
33. **Mull** (verb) – consider, contemplate, ponder, deliberate, evaluate **विचार करना**
34. **Psychometric test** (noun) – aptitude test, psychological assessment, evaluation test, personality test, cognitive test **मनोवैज्ञानिक परीक्षण**
35. **Carry out** (phrasal verb) – perform, execute, conduct, implement, accomplish **अंजाम देना**
36. **Facilitate** (verb) – enable, assist, ease, support, simplify **सहायता करना / सुविधा देना**
37. **Keep in mind** (phrase) – remember, consider, take into account, note, bear in mind **ध्यान में रखना**
38. **Undergo** (verb) – experience, endure, go through, suffer, face **सहना / अनुभव करना**
39. **Front** (noun) – aspect, side, field, domain, area **क्षेत्र / पक्ष**
40. **Meticulous** (adjective) – detailed, thorough, careful, precise, accurate **सूक्ष्म / सावधानीपूर्वक**
41. **Clear the fog** (phrase) – clarify, explain, reveal, demystify, make clear **साफ़ करना / भ्रम दूर करना**

The Pioneer editorial: Let's talk about depression! (24 JULY 2025)

1. **Alarming** (adjective) – Frightening, shocking, disturbing, startling, terrifying **चिंताजनक**
2. **Prevalence rate** (noun) – the proportion of a population that has a specific condition (like a disease) at a specific point in time or during a specific period **प्रचलन दर**
3. **Stand** (at) (verb) – Remain, be situated, measure, total, amount to **स्थित होना**
4. **Account for** (phrasal verb) – Constitute, represent, explain, justify, make up **जवाबदेह होना**
5. **Cite** (verb) – Mention, refer, quote, invoke, allude to **हवाला देना**
6. **Adolescent** (noun) – Teenager, youth, juvenile, minor, youngster **किशोर**
7. **Persist** (verb) – Continue, endure, last, remain, prevail **जारी रहना**
8. **Intervention** (noun) – Involvement, interference, mediation, action, intrusion **हस्तक्षेप**
9. **Exist** (verb) – Live, survive, be, endure, remain **मौजूद होना**
10. **Deep** (adjective) – Intense, profound, strong, heartfelt, extreme **गहरा**
11. **Subtle** (adjective) – Delicate, faint, indirect, nuanced, slight **सूक्ष्म**
12. **Impairment** (noun) – Disability, dysfunction, damage, deterioration, handicap **बाधा**
13. **Deal with** (phrasal verb) – Handle, manage, address, confront, cope with **सामना करना**
14. **Go through** (phrasal verb) – Experience, endure, suffer, face, undergo **गुज़रना**
15. **Absolute** (adjective) – Complete, total, utter, perfect, pure **पूर्ण**
16. **Meltdown** (noun) – Breakdown, collapse, crisis, disintegration, failure **भावनात्मक पतन / संकट**
17. **Umpteen** (adjective) – Numerous, countless, infinite, many, several **बहुत सारे**
18. **Utter** (adjective) – Total, absolute, sheer, complete, downright **पूर्ण**
19. **Low-spirited** (adjective) – Depressed, gloomy, dejected, disheartened, downcast **उदास**
20. **Let down** (phrasal verb) – Disappoint, fail, betray, frustrate, deceive **निराश करना**
21. **Vitiated** (adjective) – Corrupted, spoiled, polluted, tainted, weakened **दूषित / भ्रष्ट**

22. **Unbearable** (adjective) – Intolerable, insufferable, unendurable, painful, excruciating **असहनीय**
23. **Lingering** (adjective) – Persistent, lasting, prolonged, continuing, enduring **लंबे समय तक बना रहना**
24. **Psychosomatic disease** (noun) – a physical illness whose symptoms are caused or worsened by psychological factors like stress, anxiety, or depression **मनोदैहिक रोग**
25. **Disastrous** (adjective) – Devastating, catastrophic, tragic, ruinous, calamitous **विनाशकारी**
26. **Fatal** (noun) – Deadly, lethal, mortal, terminal, life-threatening **घातक**
27. **Scenario** (noun) – Situation, context, condition, setting, landscape **परिस्थिति**
28. **Addiction** (noun) – Dependency, habit, compulsion, craving, obsession **लत**
29. **Breakdown** (noun) – Collapse, failure, disintegration, malfunction, disruption **विघटन**
30. **Congenitally** (adverb) – Inherently, naturally, innately, inborn, instinctively **जन्मजात रूप से**
31. **Transparently** (adverb) – Clearly, openly, visibly, obviously, plainly **साफ़ तौर पर**
32. **Exploitative** (adjective) – Abusive, manipulative, oppressive, selfish, predatory **शोषणकारी**
33. **Jealous** (adjective) – Envious, resentful, covetous, spiteful, possessive **ईर्ष्यालु**
34. **Undercurrent** (noun) – Hidden force, underlying emotion, undertone, tension, subconscious feeling **छुपा हुआ प्रभाव**
35. **Chronic** (adjective) – Long-term, persistent, continual, lasting, constant **दीर्घकालिक**
36. **Tense** (adjective) – Nervous, anxious, stressed, strained, uptight **तनावपूर्ण**
37. **Depressed** (adjective) – Sad, gloomy, low, melancholic, disheartened **उदास**
38. **March** (verb) – Proceed, advance, move, head, stride **आगे बढ़ना**
39. **Gloom and doom** (phrase) – Despair, pessimism, hopelessness, negativity, fatalism **निराशा और विनाश**
40. **Constructive** (adjective) – Positive, helpful, beneficial, productive, useful **रचनात्मक**
41. **Empathise** (verb) – Understand, sympathise, relate, identify, connect emotionally **सहानुभूति रखना**
42. **Encourage** (verb) – Motivate, support, inspire, boost, urge **प्रोत्साहित करना**

43. **Break down** (phrasal verb) – Collapse, fail, disintegrate, crumble, fall apart
समाप्त हो जाना

44. **Stigma** (noun) – Shame, disgrace, dishonour, taint, blemish **कलंक**

45. **Claim** (verb) – Take, seize, demand, assert, cause **ले लेना**

The Indian Express editorial: Breaking the TB chain (25 JULY 2025)

1. **Rapid** (adjective) – fast, swift, quick, speedy, brisk – तेज़
2. **Diagnostic** (adjective) – identifying, analytical, investigative, clinical, testing – निदानात्मक
3. **Push** (noun) – drive, effort, initiative, campaign, thrust – प्रयास
4. **Detection** (noun) – discovery, identification, recognition, uncovering, spotting – पता लगाना
5. **In order to** (phrase) – so that, for the purpose of, to, with the aim of, so as to – इस उद्देश्य से
6. **Asymptomatic** (adjective) – symptom-free, unnoticeable, hidden, latent, subclinical – लक्षणहीन
7. **Detect** (verb) – find, identify, discover, spot, recognize – पहचानना
8. **Pathogen** (noun) – germ, microbe, virus, bacterium, infectious agent – रोगजनक
9. **Contain** (verb) – control, curb, restrain, confine, suppress – रोकना
10. **Multi-drug-resistant TB** (noun) – a form of TB disease caused by a strain of M. tuberculosis complex that is resistant to rifampicin and isoniazid. बहु-औषधि प्रतिरोधी क्षय रोग
11. **Evident** (adjective) – clear, obvious, apparent, noticeable, manifest – स्पष्ट
12. **Intractable** (adjective) – unmanageable, stubborn, uncontrollable, incurable, difficult – असहनीय / जटिल
13. **Given** (preposition) – considering, taking into account, in view of, because of, due to – को देखते हुए
14. **Account for** (phrasal verb) – represent, constitute, make up, explain, comprise – बनाना
15. **Room** (noun) – scope, space, opportunity, margin, leeway – गुंजाइश
16. **Complacency** (noun) – self-satisfaction, smugness, contentment, indifference, overconfidence – आत्मतुष्टि
17. **Compound** (verb) – worsen, aggravate, intensify, escalate, heighten – बढ़ाना
18. **Persistent** (adjective) – continuous, constant, unrelenting, enduring, prolonged – लगातार
19. **Likely** (adjective) – probable, possible, expected, prone, apt – संभावित
20. **Transmission** (noun) – spread, passing, transfer, dissemination, infection – संचरण
21. **Despite** (preposition) – although, even though, though, in spite of, regardless of – इसके बावजूद

22. **Significant** (adjective) – important, considerable, substantial, meaningful, major – महत्वपूर्ण
23. **Unlikely** (adjective) – improbable, doubtful, remote, implausible, uncertain – असंभव
24. **Meet** (verb) – achieve, fulfill, satisfy, reach, accomplish – पूरा करना
25. **Eliminate** (verb) – eradicate, remove, wipe out, abolish, exterminate – समाप्त करना
26. **Expansion** (noun) – growth, increase, enlargement, extension, development – विस्तार
27. **Pillar** (noun) – foundation, support, base, cornerstone, mainstay – आधार
28. **Broad** (adjective) – wide, extensive, vast, comprehensive, all-encompassing – व्यापक
29. **Spectrum** (noun) – range, variety, array, scope, span – श्रृंखला
30. **Broadening** (noun) – expansion, widening, extension, growth, enlargement – विस्तार
31. **Factor in** (phrasal verb) – include, consider, take into account, incorporate, account for – ध्यान में रखना
32. **Equip** (verb) – provide, furnish, supply, prepare, arm – सुसज्जित करना
33. **Strengthen** (verb) – reinforce, enhance, boost, solidify, fortify – मज़बूत करना

The Hindu editorial: A slow revival (26 JULY 2025)

1. **Revival** (noun) – resurgence, renewal, comeback, reawakening, restoration
पुनर्जीवन
2. **State** (noun) – condition, situation, status, position, phase स्थिति
3. **Diplomacy** (noun) – negotiation, tact, mediation, foreign affairs, discretion
कूटनीति
4. **Restore** (verb) – reinstate, recover, reestablish, renew, revive पुनः स्थापित करना
5. **Ties** (noun) – relations, links, associations, bonds, connections संबंध
6. **Rent apart** (phrasal verb) – torn, broken, separated, ruptured, divided
फाड़ देना / तोड़ देना
7. **Standoff** (noun) – deadlock, impasse, stalemate, confrontation, face-off
गतिरोध
8. **Clash** (noun) – conflict, fight, skirmish, encounter, collision संघर्ष
9. **Mechanism** (noun) – system, structure, framework, process, method
तंत्र
10. **Coordination** (noun) – cooperation, alignment, teamwork, synchronization, harmonization समन्वय
11. **Convene** (verb) – summon, assemble, gather, meet, organize बुलाना / एकत्र होना
12. **Pilgrimage** (noun) – journey, expedition, religious tour, sacred travel, spiritual trip तीर्थयात्रा
13. **In principle** (phrase) – theoretically, basically, ideally, fundamentally, notionally सैद्धांतिक रूप से
14. **Dialogue** (noun) – discussion, conversation, talk, negotiation, exchange संवाद
15. **Presumably** (adverb) – supposedly, likely, probably, seemingly, apparently
अनुमानतः
16. **Address** (verb) – tackle, resolve, deal with, attend to, confront सामना करना / हल करना
17. **Considerable** (adjective) – significant, substantial, ample, noteworthy, extensive महत्वपूर्ण
18. **Disruption** (noun) – disturbance, interruption, breakdown, disorder, interference विघटन
19. **Roll out** (phrasal verb) – launch, implement, introduce, deploy, initiate
शुरुआत करना / लागू करना
20. **Summit** (noun) – conference, meeting, assembly, convention, gathering
शिखर सम्मेलन
21. **Resolution** (noun) – solution, settlement, decision, conclusion, determination समाधान / संकल्प

22. **Mute** (verb) – silence, suppress, quieten, restrain, subdue **मौन रखना / दबाना**
23. **Rupture** (noun) – break, breach, crack, split, separation **विच्छेद / टूटना**
24. **Prompt** (verb) – cause, trigger, provoke, initiate, incite **उत्तेजित करना / प्रेरित करना**
25. **Transgress** (verb) – violate, breach, infringe, trespass, defy **उल्लंघन करना**
26. **Lead to** (verb) – result in, cause, bring about, produce, give rise to **प्रेरित करना / कारण बनना**
27. **Normalcy** (noun) – normality, regularity, routine, order, stability **सामान्यता**
28. **Restoration** (noun) – revival, renewal, reinstatement, return, reestablishment **पुनर्स्थापना**
29. **Tranquillity** (noun) – peace, calm, serenity, quiet, stillness **शांति**
30. **Normalise** (verb) – stabilize, regularize, standardize, resolve, adjust **सामान्य बनाना**
31. **De-escalation** (noun) – reduction, easing, moderation, lowering, decline **तनाव कम करना**
32. **Dismantle** (verb) – destroy, break down, demolish, remove, disassemble **विघटित करना / तोड़ना**
33. **Infrastructure** (noun) – framework, foundation, base, facilities, structure **बुनियादी ढांचा**
34. **Buffer zone** (noun) – neutral area, barrier, demilitarized zone, safety zone, separator **संरक्षण क्षेत्र**
35. **Patrolling** (noun) – surveillance, monitoring, inspection, guard, watch **गश्त**
36. **Revelation** (noun) – disclosure, uncovering, exposé, discovery, announcement **खुलासा**
37. **Sweep under the carpet** (phrase) – hide, conceal, ignore, cover up, overlook **छिपाना / नजरअंदाज करना**
38. **Transparency** (noun) – openness, clarity, honesty, accountability, visibility **पारदर्शिता**
39. **At risk** (phrase) – in danger, vulnerable, exposed, threatened, unsafe **जोखिम में**