

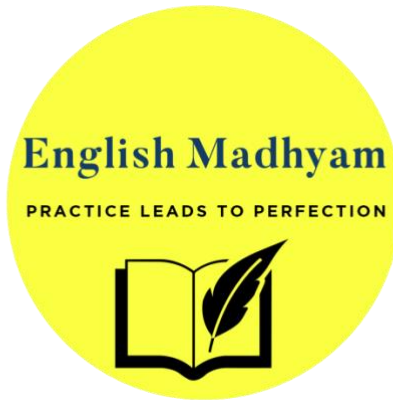
# English Madhyam

(Weekly vocabulary compilation)

From 06 JAN 2025 to 11 JAN 2025

## For all competitive Exams

Bank (Po & clerk), IB ACIO, NDA, CDS, SSC (CGL, MTS, CHSL), MBA, Hotel Management, MCA, UPSC,  
B. Ed and other competitive exams.



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# Part - A

### The Hindu Editorial: Water woes (06 JAN 2025)

1. **Woes** (noun) – Troubles, problems, challenges, difficulties, grievances **समस्याएँ**
2. **Deal with** (phrasal verb) – Address, handle, tackle, manage, confront **निपटना**
3. **Assessment** (noun) – Evaluation, analysis, appraisal, review, judgment **मूल्यांकन**
4. **Portent** (noun) – Warning, sign, omen, indication, forecast **चेतावनी**
5. **Translate** (verb) – Convert, express, result in, interpret, signify **सूचित करना**
6. **Methemoglobinemia** (noun) – A medical condition in which red blood cells lose the ability to carry oxygen **मीथेमोग्लोबिनेमिया**
7. **Infant** (noun) – Baby, newborn, toddler, child **शिशु**
8. **Algal bloom** (noun) – A rapid increase in algae in water, often harmful **शैवाल का खिलना**
9. **Throttle** (verb) – Choke, suffocate, restrict, suppress, obstruct **गला घोंटना**
10. **Aquatic** (adjective) – Related to water, marine, hydrous, water-based **जलीय**
11. **Ecosystem** (noun) – Environment, habitat, biosphere, ecological community **पारिस्थितिकी तंत्र**
12. **Extent** (noun) – Range, scope, degree, level, magnitude **सीमा**
13. **Contamination** (noun) – Pollution, impurity, adulteration, defilement **प्रदूषण**
14. **Perennial** (adjective) – Continuous, enduring, perpetual, lasting, long-term **चिरस्थायी**
15. **Establish** (verb) – Prove, demonstrate, determine, confirm **स्थापित करना**
16. **Correlation** (noun) – Connection, relationship, association, interrelation **संबंध**
17. **Elevated** (adjective) – Raised, increased, heightened, higher, amplified **बढ़ा हुआ**
18. **Intensive** (adjective) – Thorough, concentrated, rigorous, exhaustive **गहन**
19. **Significant** (adjective) – Important, notable, substantial, considerable **महत्वपूर्ण**
20. **Contaminant** (noun) – Pollutant, impurity, toxin, adulterant **प्रदूषक**
21. **Draw attention to** (phrase) – Highlight, emphasize, focus on, bring into notice **ध्यान आकर्षित करना**
22. **Over-exploited** (adjective) – Overused, excessively drained, depleted, misused **अति-शोषित**
23. **Extraction** (noun) – Removal, withdrawal, retrieval, abstraction **निकासी**
24. **Replenishment** (noun) – Refilling, restoration, renewal, replacement **पुनःपूर्ति**
25. **Replenish** (verb) – Refill, restore, renew, refresh, replace **फिर से भरना**

26. **Compensate** (verb) – Offset, balance, make up for, redress, atone for क्षतिपूर्ति करना

27. **Robust** (adjective) – Strong, sturdy, resilient, effective, solid मजबूत

28. **Findings** (noun) – Results, conclusions, outcomes, discoveries निष्कर्ष

29. **Concentrated** (adjective) – Focused, condensed, intensified, unified केंद्रित

30. **Contain** (verb) – Control, restrain, manage, curb, limit नियंत्रण करना

## The Hindu Editorial: Nothing alarming (07 JAN 2025)

1. **Alarming** (adjective) – Worrying, frightening, concerning, distressing, unsettling; चिंताजनक
2. **Reflection** (noun) – Indication, representation, sign, mirror, portrayal; प्रतिबिंब
3. **Heightened** (adjective) – Increased, intensified, elevated, amplified, escalated; बढ़ा हुआ
4. **Surveillance** (noun) – Monitoring, observation, oversight, inspection, supervision; निगरानी
5. **Overwhelm** (verb) – To overpower or affect someone strongly दबा देना या प्रभावित करना
6. **Acute** (adjective) – Severe, sharp, intense, critical, urgent; तीव्र
7. **Province** (noun) – Region, area, territory, state, district; प्रांत
8. **Unusual** (adjective) – Rare, uncommon, exceptional, atypical, unique; असामान्य
9. **Red flag** (noun) – Warning, alert, caution, signal, indication; चेतावनी
10. **So far** (phrase) – Until now, up to this point, till date, thus far, as yet; अब तक
11. **Awash** (with) (adjective) – Flooded, filled, brimming, saturated, inundated; भरा हुआ
12. **Outbreak** (noun) – Eruption, occurrence, flare-up, surge, epidemic; प्रकोप
13. **Under the aegis of** (phrase) – Under the protection of, supported by, overseen by, under the auspices of, managed by; संरक्षण में
14. **In view of** (phrase) – Considering, in light of, taking into account, because of, given; के दृष्टिगत
15. **Pathogen** (noun) – Germ, microbe, microorganism, bacterium, virus; रोगजनक
16. **Surge** (noun) – Increase, rise, spike, escalation, upsurge; उछाल
17. **Reinfection** (noun) – Reoccurrence, repeated infection, return of illness; पुनः संक्रमण
18. **Throughout** (adverb) – All over, everywhere, across, in every part, consistently; हर जगह
19. **Immune** (adjective) – Resistant, protected, impervious, safe, unaffected; प्रतिरक्षित
20. **Tract** (noun) – Area, region, part, zone, system; मार्ग
21. **Mild** (adjective) – Gentle, moderate, slight, soft, not severe; हल्का
22. **Lead** (to) (verb) – Result in, cause, bring about, give rise to, produce; कारण बनना
23. **Severe** (adjective) – Harsh, extreme, serious, grave, critical; गंभीर
24. **Hospitalisation** (noun) – Admission, confinement, treatment, medical care, stay in hospital; अस्पताल में भर्ती
25. **Immunocompromised** (adjective) – Weak immune system, immunodeficient, susceptible, vulnerable; प्रतिरक्षा-कमजोर

26. **Attributed** (to) (adjective) – Credited to, ascribed to, assigned to, linked to, connected with; जिम्मेदार ठहराना
27. **On the contrary** (phrase) – Conversely, on the other hand, instead, rather, oppositely; इसके विपरीत
28. **Circulation** (noun) – Distribution, flow, movement, dissemination, spread; प्रवाह
29. **Fatality** (noun) – Death, casualty, mortality, loss of life, demise; मृत्यु
30. **Expand** (verb) – Increase, broaden, enlarge, extend, grow; विस्तार करना
31. **Spike** (noun) – Sharp increase, rise, surge, escalation, upturn; वृद्धि
32. **Facilitate** (verb) – Ease, assist, make possible, simplify, enable; सुविधा देना
33. **In the context of** (phrase) – In relation to, with reference to, regarding, considering, in terms of; के संदर्भ में
34. **Novel** (adjective) – New, original, unique, innovative, fresh; नया

## The Indian Express Editorial: quota for women at IIT (08 JAN 2025)

1. **Mark** (verb) – Indicate, signify, denote, represent, show चिह्नित करना
2. **Pivotal** (adjective) – Crucial, critical, essential, key, central महत्वपूर्ण
3. **Inclusivity** (noun) – Inclusion, diversity, acceptance, openness समावेशिता
4. **Equity** (noun) – Fairness, justice, impartiality, equality समानता
5. **Affirmation** (noun) – Declaration, confirmation, assertion, endorsement पुष्टि
6. **Irreversible** (adjective) – Unchangeable, permanent, irrevocable, unalterable अपरिवर्तनीय
7. **Top-down** (adjective) – Hierarchical, directive, centrally controlled ऊपर से नीचे तक
8. **Supernumerary quota** (noun) – a set of seats that are reserved for students who meet certain criteria, such as being economically disadvantaged or underrepresented
9. **Pool** (noun) – Group, collection, reserve, stock समूह
10. **Witness** (verb) – Observe, see, experience, record देखना
11. **Surge** (noun) – Rise, increase, spike, upturn उछाल
12. **Commensurate** (adjective) – Equivalent, proportionate, corresponding, comparable अनुरूप
13. **Upsurge** (noun) – Increase, growth, boost, escalation वृद्धि
14. **Reflect** (verb) – Indicate, show, reveal, mirror दिखाना
15. **Correlation** (noun) – Connection, relationship, association, linkage सहसंबंध
16. **Ambition** (noun) – Aspiration, goal, desire, determination महत्वाकांक्षा
17. **Affirmative** (adjective) – Positive, supportive, confirming, approving सकारात्मक
18. **Space** (noun) – Area, environment, domain, realm क्षेत्र
19. **Recreational** (adjective) – Entertaining, leisurely, enjoyable, fun-related मनोरंजक
20. **Departure** (noun) – Change, deviation, shift, break प्रस्थान
21. **Masculine** (noun) – Male, manly, related to men पुरुषोचित
22. **Man up or ship out** (phrase) – someone needs to start acting more courageously or responsibly, or they should leave the situation सुधरना या बाहर होना
23. **Safeguard** (verb) – Protect, secure, shield, defend सुरक्षा करना
24. **Sexism** (noun) – Gender bias, discrimination, prejudice, chauvinism लैंगिक भेदभाव
25. **Few and far between** (phrase) – Rare, infrequent, uncommon, occasional बहुत कम



26. **Narrative** (noun) – Story, account, description, perspective कथा
27. **Indispensable** (adjective) – Essential, necessary, crucial, vital अनिवार्य
28. **Given** (preposition) – Considering, in view of, taking into account देखते हुए
29. **Bridge the gap** (phrase) – Close the difference, connect, reconcile, link अंतर कम करना
30. **Underscore** (verb) – Highlight, emphasize, underline, stress ज़ोर देना
31. **Stall** (verb) – Delay, halt, obstruct, impede रोकना
32. **Passage** (noun) – Transition, progress, journey, pathway मार्ग
33. **Unhindered** (adjective) – Unobstructed, free, unrestrained, unimpeded बिना बाधा के
34. **Thrive** (verb) – Flourish, prosper, succeed, grow फलना-फूलना
35. **Bias** (noun) – Prejudice, partiality, inclination, favoritism पक्षपात
36. **Equip** (with) (verb) – Provide, furnish, prepare, arm लैस करना
37. **Let down** (phrasal verb) – Disappoint, fail, neglect, betray निराश करना
38. **In terms of** (phrase) – Regarding, concerning, relating to, with respect to के संदर्भ में
39. **Poise** (to) (verb) – Prepare, balance, ready, stabilize तैयार होना

### The Indian Express Editorial: Strong setback (09 JAN 2025)

1. **Setback** (noun) – Reversal, hindrance, obstacle, complication, blow **बाधा**
2. **Flailing** (adjective) – Struggling, faltering, wavering, failing, stumbling **संघर्षरत**
3. **Insurgency** (noun) – Rebellion, uprising, revolt, mutiny, insurrection **विद्रोह**
4. **Insurgent** (adjective) – Rebellious, mutinous, subversive, revolutionary **विद्रोही**
5. **Precipice** (noun) – a dangerous situation that could lead to harm or failure **संकट**
6. **Go down with** (phrasal verb) – Perish with, fall alongside, collapse together **साथ में डूबना**
7. **Pull someone across the cliff** (phrase) – Drag someone to their downfall, bring others down **साथ में ले डूबना**
8. **Adversary** (noun) – Opponent, enemy, rival, foe, antagonist **प्रतिद्वंद्वी**
9. **Futility** (noun) – Uselessness, pointlessness, ineffectiveness, fruitlessness **व्यर्थता**
10. **Give up** (phrasal verb) – Surrender, concede, quit, relinquish **छोड़ देना**
11. **For good** (phrase) – Permanently, forever, irreversibly, for all time **हमेशा के लिए**
12. **Ideologically** (adverb) – Theoretically, philosophically, doctrinally **विचारधारात्मक रूप से**
13. **Decade** (noun) – Period of ten years **दशक**
14. **Violent** (adjective) – Aggressive, brutal, fierce, savage, forceful **हिंसक**
15. **Armistice** (noun) – Truce, ceasefire, peace agreement, suspension of hostilities **युद्धविराम**
16. **Faction** (noun) – Group, section, wing, splinter group, subset **गुट**
17. **Cadre** (noun) – Core group, trained members, key personnel, body of activists **कार्यकर्ता समूह**
18. **Means** (noun) – Method, way, process, mechanism **साधन**
19. **Rebellion** (noun) – Revolt, uprising, insurrection, mutiny, resistance **विद्रोह**
20. **Merger** (noun) – Union, amalgamation, consolidation, fusion, combination **विलय**
21. **Current** (noun) – Trend, movement, faction, stream **धारा**
22. **Venture** (verb) – Dare, risk, attempt, proceed, undertake **साहस करना**
23. **Tactical** (adjective) – Strategic, calculated, planned, measured **सामरिक**
24. **Utilisation** (noun) – Use, application, employment, deployment **उपयोग**
25. **Dastardly** (adverb) – Cruelly, heinously, diabolically, wickedly, viciously **क्रूरता से**
26. **Potency** (noun) – Power, strength, efficacy, capability **शक्ति**
27. **Inflict** (verb) – Impose, administer, deal, exact, wreak **थोपना**
28. **Grain of truth** (phrase) – Slight reality, small element of accuracy, kernel of fact **थोड़ी सचाई**

29. **Adjoining** (adjective) – Adjacent, neighboring, contiguous, next to **सटा हुआ**
30. **Outfit** (noun) – Group, organisation, faction, unit **संगठन**
31. **Bastion** (noun) – Stronghold, fortress, strong point, center **क़िला/गढ़**
32. **Extremist** (adjective) – Radical, fanatic, ultra, extreme, militantly ideological **अतिवादी**
33. **Pick up** (phrasal verb) – Increase, intensify, improve, accelerate **तेज होना/आगे बढ़ना**
34. **Result in** (phrasal verb) – Lead to, cause, bring about, end in **परिणामस्वरूप होना**
35. **Casualty** (noun) – Victim, fatality, loss, injured **हताहत**
36. **Blow** (noun) – Shock, setback, defeat, adverse event **झटका**
37. **Camouflage** (verb) – Conceal, disguise, hide, mask **छिपाना**
38. **Planted** (adjective) – Placed secretly, embedded, hidden, positioned **गुप्त रूप से लगाया हुआ**
39. **Knee-jerk reaction** (noun) – an automatic or unthinking response to something **त्वरित प्रतिक्रिया**
40. **Intensify** (verb) – Strengthen, escalate, increase, sharpen, deepen **तेज करना**
41. **Culprit** (noun) – Offender, wrongdoer, criminal, perpetrator **अपराधी**
42. **Step up** (phrasal verb) – Increase, boost, escalate, enhance **तेज करना**
43. **Inevitable** (adjective) – Unavoidable, certain, destined, inescapable **अनिवार्य**
44. **Considering** (preposition) – In view of, taking into account, given **के मद्देनजर**
45. **Abjure** (verb) – Renounce, relinquish, reject, forswear **त्यागना**
46. **Get carried away** (phrase) – Get overexcited, lose self-control, go too far **बह जाना/बहक जाना**
47. **Retaliation** (noun) – Reprisal, revenge, counterattack, vengeance **प्रतिशोध**
48. **Play right into the hands** (phrase) – Benefit the opponent's strategy, inadvertently help the adversary **प्रतिद्वंद्वी के हाथ मजबूत करना**
49. **Propaganda** (noun) – Misinformation, biased information, publicity, disinformation **प्रचार**
50. **Repression** (noun) – Suppression, oppression, restraint, crackdown **दमन**
51. **Tempt** (verb) – Entice, lure, provoke, invite, attract **ललचाना**
52. **Wipe out** (phrasal verb) – Eradicate, eliminate, remove completely, destroy **समाप्त कर देना**
53. **Prudent** (adjective) – Wise, sensible, judicious, cautious **समझदारी भरा**
54. **Work out** (phrasal verb) – Figure out, resolve, negotiate, iron out **हल निकालना**
55. **Ceasefire** (noun) – Truce, armistice, suspension of hostilities, peace agreement **युद्धविराम**

### The Indian Express Editorial: Cripple and scuttle (10 JAN 2025)

1. **Cripple** (verb) – Weaken, disable, impair, undermine, harm **अक्षम करना**
2. **Scuttle** (verb) – Thwart, sabotage, wreck, subvert, ruin **विफल करना**
3. **Discourage** (verb) – Deter, dissuade, prevent, dishearten, hamper **हतोत्साहित करना**
4. **Decade** (noun) – Period of ten years **दशक**
5. **Apparent** (adjective) – Clear, obvious, evident, noticeable, manifest **स्पष्ट**
6. **Transparency** (noun) – Openness, clarity, accountability, straightforwardness **पारदर्शिता**
7. **Empowerment** (noun) – Authorization, enablement, liberation, giving power **सशक्तिकरण**
8. **Amendment** (noun) – Revision, alteration, change, modification **संशोधन**
9. **Dilute** (verb) – Weaken, lessen, reduce, decrease, mitigate **कमज़ोर करना**
10. **Efficacy** (noun) – Effectiveness, efficiency, potency, power, capability **प्रभावशीलता**
11. **Functioning** (noun) – Operation, working, performance, running **कार्यप्रणाली**
12. **Surface** (verb) – Emerge, come to light, arise, appear **प्रकट होना**
13. **Question** (verb) – Challenge, query, raise doubts, inquire **प्रश्न उठाना**
14. **Elicit** (verb) – Draw out, evoke, obtain, extract **प्राप्त करना**
15. **Take note of** (phrase) – Pay attention to, acknowledge, notice, observe **ध्यान देना**
16. **Defunct** (adjective) – Non-functioning, obsolete, no longer existing, inoperative **निष्क्रिय**
17. **For want of** (phrase) – Due to lack of, owing to the absence of, because of missing **की कमी के कारण**
18. **Bound** (to) (adjective) – Certain, sure, likely, guaranteed **निश्चय होना**
19. **Seek** (verb) – Attempt, try, aim for, pursue, look for **माँग करना/खोजना**
20. **Impart** (verb) – Convey, give, provide, bestow **प्रदान करना**
21. **Direct** (verb) – Order, instruct, command, mandate **निर्देश देना**
22. **Spell out** (phrasal verb) – Clarify, specify, explain in detail **विस्तार से बताना**
23. **Definite** (adjective) – Certain, fixed, specific, established **निश्चित**
24. **Bring about** (phrasal verb) – Cause, lead to, result in, produce **उत्पन्न करना**
25. **Verdict** (noun) – Judgment, decision, ruling, pronouncement **फैसला**
26. **Call for** (phrasal verb) – Demand, require, necessitate, ask for **आवश्यकता होना/माँग करना**
27. **Proactive** (adjective) – Anticipatory, preemptive, forward-looking, taking initiative **अग्रसक्रिय**

28. **Strip** (of) (verb) – Deprive, remove, divest, take away **छीन लेना**
29. **Autonomy** (noun) – Independence, self-governance, freedom, self-rule **स्वायत्तता**
30. **From various walks of life** (phrase) – From different backgrounds or fields, covering diverse sections of society **विभिन्न क्षेत्रों से**
31. **Hearing** (noun) – Session, trial, meeting for legal or official discussion **सुनवाई**
32. **Inevitable** (adjective) – Unavoidable, inescapable, certain, destined **अनिवार्य**
33. **Result in** (phrasal verb) – Lead to, cause, bring about, produce **कारण बनना**
34. **Backlog** (noun) – Accumulation, pile-up, unfinished business, arrears **लंबित कार्य**
35. **Conclude** (verb) – End, finish, infer, derive, close **निष्कर्ष निकालना**

### The Hindu Editorial: Damage control (11 JAN 2025)

1. **Damage control** (noun) – Limiting harm, containment of harm, minimizing negative impact, managing adverse effects **नुकसान को कम करने का प्रयास**
2. **Adherence** (to) (noun) – Compliance, obedience, conformity, observance **पालन**
3. **Limit** (verb) – Restrict, confine, curb, restrain **सीमित करना**
4. **Magnitude** (noun) – Size, extent, scale, measure **तीव्रता**
5. **Reportedly** (adverb) – Allegedly, according to reports, supposedly, as claimed **कथित तौर पर**
6. **Tremor** (noun) – Minor quake, small earthquake, shake, vibration **झटका**
7. **Quake** (noun) – Earthquake, seismic event, tremor **भूकंप**
8. **Aftershock** (noun) – Subsequent tremor, secondary quake, follow-up quake **भूकंप के बाद का झटका**
9. **Epicentre** (noun) – Origin point, focal point, center of earthquake **भूकंप का केंद्र**
10. **Manifold** (adjective) – Multiple, many, numerous, diverse **अनेक गुना**
11. **Evoke** (verb) – Bring forth, elicit, arouse, call up **उत्पन्न करना**
12. **Dread** (noun) – Fear, anxiety, apprehension, terror **डर**
13. **Incalculable** (adjective) – Immeasurable, immeasurable, incalculable, vast **असीमित/अनगिनत**
14. **Bubble up** (phrasal verb) – Arise, surface, emerge, come to the fore **उभरना**
15. **Tectonic plate** (noun) – a large, solid, and irregularly shaped section of the Earth's crust that moves independently
16. **Gigantic shard** (noun) – a very large piece or fragment of a brittle substance **विशाल टुकड़ा**
17. **Layer** (on) (verb) – Place on top, overlay, add in layers **ऊपर रखना**
18. **Continent** (noun) – Major landmass, large land area, mainland **महाद्वीप**
19. **Collide** (verb) – Crash, clash, come together violently **टकराना**
20. **Diverge** (verb) – Separate, move apart, go in different directions **अलग होना**
21. **Slide** (verb) – Glide, move smoothly, slip along **खिसकना**
22. **Eurasian plate** (noun) – Tectonic plate covering Europe and Asia **यूरेशियन प्लेट**
23. **Crust** (noun) – Outer layer of Earth, Earth's surface, lithosphere **पृथ्वी की बाहरी परत**
24. **Tilt** (verb) – Incline, lean, bend, slant **झुकना**
25. **Fractured** (adjective) – Broken, cracked, split, fissured **टूटी हुई**
26. **Fault line** (noun) – Fracture in Earth's crust, break, geological crack **भ्रंश रेखा**
27. **Seismologist** (noun) – Earthquake scientist, geophysicist, seismic expert **भूकंप विज्ञानी**

28. **Latent energy** (noun) – Stored energy, potential power, hidden force **अंतर्निहित ऊर्जा**
29. **Reside** (verb) – Dwell, lie, remain, be present **मौजूद होना**
30. **Overdue** (adjective) – Late, delayed, not yet happened, pending **विलंबित**
31. **Pent-up energy** (noun) – Accumulated force, repressed power, stored momentum **भरी हुई ऊर्जा**
32. **Broad** (adjective) – General, wide, comprehensive, extensive **व्यापक**
33. **Consensus** (noun) – Agreement, concurrence, common view, unanimity **आम सहमति**
34. **Temblor** (noun) – Earthquake, seismic event, quake **भूकंप**
35. **Ambit** (noun) – Scope, range, extent, boundary **दायरा**
36. **Insulation** (noun) – Protection, safeguard, barrier, shielding **सुरक्षा**
37. **Recurrent** (adjective) – Repeated, frequent, periodic, recurring **बार-बार होने वाला**
38. **Landslide** (noun) – Collapse of earth, mudslide, rockfall **भूस्खलन**
39. **Outburst** (noun) – Sudden surge, eruption, flood, release **उफान**
40. **Wash away** (phrasal verb) – Erode, sweep off, carry off, remove by water **बहा ले जाना**
41. **Inherent** (adjective) – Fundamental, intrinsic, built-in, inborn **अंतर्निहित**
42. **Fragility** (noun) – Delicacy, vulnerability, brittleness, weakness **भंगुरता**
43. **Infrastructure** (noun) – Basic systems, public works, foundational structures **आधारभूत संरचना**
44. **Take into account** (phrasal verb) – Consider, factor in, keep in mind, include **ध्यान में रखना**
45. **Imminence** (noun) – Nearness, closeness, impending nature, likelihood **आसन्नता**
46. **Factor into** (phrasal verb) – Include as a component, consider, incorporate, calculate **शामिल करना**
47. **Adhere** (to) (verb) – Follow, comply with, conform to, abide by **पालन करना**
48. **Go a long way** (phrase) – Help significantly, contribute substantially, be very useful **काफी मदद करना**
49. **Inevitable** (adjective) – Unavoidable, inescapable, certain, sure **अनिवार्य**